

Healing and Development Centre for outstanding training and personal attention.

The following Courses and Workshops are held on a regular basis, please call or see the website for details.

- Reiki I, II and Master
- Spiritual Healing Workshops
- Pendulum Workshops
- Tarot Workshops
- Stress Management
- Spiritual Development
- Meditation Groups
- Readings and much more

www.healingenergies.net
Tel : 07874230048
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Healing Energies Centre

Shepton Mallet

**Centre of
excellence for
healing, training
and wellbeing**



Reiki Healing
Stress Management
Spiritual Development

For an Appointment call

Ann Walker
Phone: 07874230048
Email: healing-energies@sky.com

About Us

The Healing Energies Centre offer a truly wonderful experience and time to get away from the hectic world in which we live; a place relaxation and re-balance. The treatment room is a fantastic place to feel the inner peace we often loose in our everyday existence. Whether you are suffering with a pain or illness, or just need a bit of time out, this centre offers everything you can expect from a professional establishment. This is the place to receive a treatment or to enjoy a workshop.



Situated on the edge of Shepton Mallet, this peaceful environment set among the countryside is perfect to cater for your individual needs and attention. We offer a range of treatments and with your care and wellbeing as our main priority you will want to return again and again.

Treatments available include :

- Reiki Healing
- Professional Stress Management
- Reflexology
- Past Life Regression
- Spiritual Healing/Teaching (member of the UAH and World Federation of Healing)
- Spiritual Advice and Guidance
- Training and Workshops
- Psychic and Mediumship Readings



a time of relaxation and wellbeing ...

Treatments

Reiki - Reiki is a safe, gentle, non-invasive form of hands-on healing. Recipients report their experience of Reiki includes increased energy, reduction of pain, deep relaxation and a general feeling of well being.

Spiritual Healing - Spiritual Healing is a complementary treatment which is transferred from the Healer who will link into the healing energy which is a natural source within the Universe and channel this to you.

Stress Management - Stress Management is used to control the stress levels that you control within your body, to assist in relaxation.



Hypnotherapy - Hypnotherapy is a deep state of relaxation used to overcome fears, phobias and addictions, along with many other problems.

Reflexology -

Past Life Regression -

Trance Healing - A natural higher form of healing whereby the energies link directly to the patient.

Spiritual Advice and Guidance -

Absent Healing - Can be sent to people over great distance around the world to those in need; also add those you know in need of healing to our healing book.

About Ann

Reiki Master after completing my Level I, II and Master degrees over a period of 5 years with Reiki Master Mr Paul Hanrahan.

Fully trained as a Spiritual Healer

Fully qualified as a Professional Stress Consultant

Over 10 years of healing and Spiritual development experience



Accreditation

I have also completed 2 years training in Spiritual Healing with the World Federation of Healers at the Surrey Healing Sanctuary.



I am also a member and Teacher for the Universal Association of Healers (UAH)

